



Infinity Hot Yoga

Summer Schedule 2018

Day	Time	Class	Duration
Monday	10:00 am	Fierce Grace	90 Min
	6:30 pm	Evolve <i>(Not suitable for Beginners)</i>	90 Min
	8:30 pm	Infinity 60	60 Min
Tuesday	10:00 am	Infinity 90	90 Min
	12:45 pm	Lunchtime Yoga	45 Min
	6:15 pm	Deep Core	75 Min
	8:00 pm	Classic	90 Min
Wednesday	10:00 am	Infinity Flow	75 Min
	12:45 pm	Lunchtime Pilates	45 Min
	5:30 pm	Infinity 60	60 Min
	7:00 pm	Wild	60 Min
	8.30 pm	Elementary	60 Min
Thursday	07:00 am	Infinity 60	60 Min
	10:00 am	Deep Core	75 Min
	6:30 pm	Infinity 75	75 Min
	8:15 pm	Dark Deep Core	75 Min
Friday	10:00 am	Classic	90 Min
	6:30 pm	Infinity Sports	75 Min
Saturday	09:00 am	Fierce Grace	90 Min
Sunday	10:00 am	Deep Core	75 Min